Quality and Safety In U.S. Health Care: A Brief History

Joe McCannon Brasilia 8.13.2013

A Brief History of Quality in American Health Care

- Food and Drug Administration (1906)
- Flexner report (1910)
- National Board of Medical Examiners (1915)
- American College of Surgeons Hospital Standardization Program (1917)
- ▶ Hill Burton Act (1946)
- Centers for Disease Control and Prevention (1946)
- Joint Commission on Accreditation of Hospitals (1952)

A Brief History of Quality in American Health Care (cont.)

- Medicare and shift to "optimal achievable standards" (1965–1966)
- Professional Standards Review Organizations (1972)
- Agency for Healthcare Research and Quality (1989)
- Harvard Medical Practice Study (1991)
- Institute for Healthcare Improvement (1991)

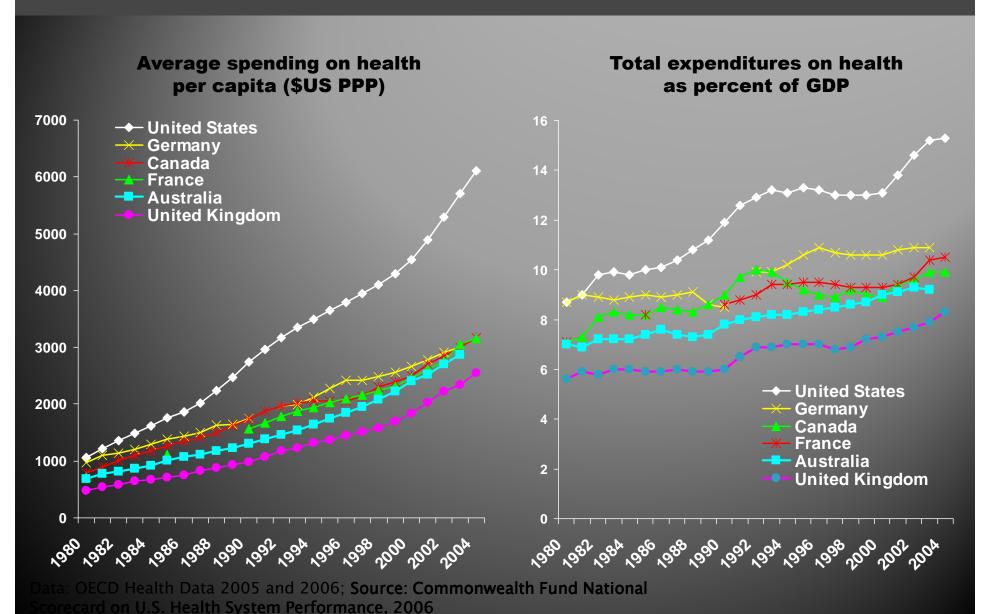
A Brief History of Quality in American Health Care (cont.)

- ▶ To Err is Human (1999)
- Crossing the Quality Chasm (2001)

Defects and Harm: Examples

- 44,000 to 98,000 people die each year as a result of preventable medical errors
- 45% defect rate in care for adults
- 22% of chronically ill adults report "serious error" in care
- 74% of chronically ill adults say the system needs "fundamental change" or "complete rebuilding
- Case-mix adjusted hospital death rates vary by 400%
- Resource use in the last six months of life varies
 500% among 77 top-rated US hospitals
- Estimated 15 million incidents of harm per year in US hospitals

International Comparison of Spending on Health, 1980-2004



American College of Healthcare Executives Annual Survey:

	2003	2004	2005	2006
Financial challenges	73%	71%	67%	72%
Physician/hospital relations	26%	32%	33%	40%
Care for the uninsured	26%	36%	35%	37%
	17%	18%	23%	29%
Patient safety	9%	16%	20%	27%
Governmental mandates	18%	19%	16%	23%
	7%	13%	18%	16%
Capacity	28%	16%	17%	
Malpractice insurance				

Institute of Medicine Dimensions of Quality (STEEP)

- <u>S</u>afe
- ▶ <u>Timely</u>
- <u>E</u>ffective
- <u>E</u>fficient
- <u>E</u>quitable
- Patient-centered

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A Ten-Year Journey toward Safety (2001–2011)

- Small-scale demonstrations
- Regulation "with teeth" (Joint Commission)
- Voluntary Campaigns (100,000 Lives Campaign and others)
- Transparency (Medicare/Medicaid and private insurers)
- Introduction of "no pay" conditions
- State regulations
- Introduction in graduate medical education and professional certification



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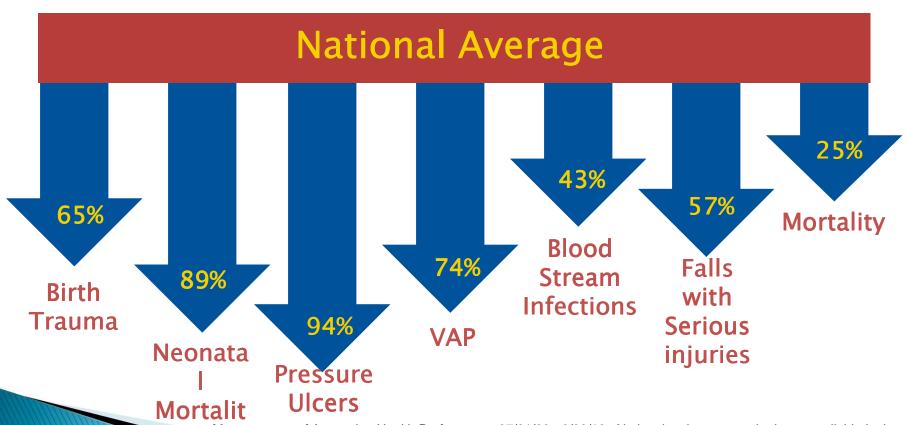
Is There A "Silver Bullet?"

NO.

Some Progress

- ▶ 58% national reduction in central-line infections between 2001-2009
- 150 New Jersey health care facilities reduced pressure ulcers by 70%
- More than 65 Institute for Healthcare Improvement Campaign hospitals reported going more than a year without a ventilator-associated pneumonia in at least one unit.
- Ascension Health sites participating in a 2007 perinatal safety initiative achieved birth trauma rates that were at or near zero.

Ascension Health Our Journey to Zero -FY10 Results



Measurement of Ascension Health Performance 07/01/09 - 6/30/10. National estimates are the latest available in the literature and other sources of data (data collection methodologies may not be identical). Birth Trauma & Neonatal Mortality -2005, Facility-Acquired Press. 2004 data; Falls with Serious Injury 1985 – 1999 data; Central Line Blood Stream Infection & Ventilator-Associated Pneumonia – 2006 -2008 data, Mortality -2015.

Country Rankings							
1.00-2.33							
2.34–4.66					**		
4.67–7.00	* .	T			*		
	AUS	CAN	GER	NETH	NZ	UK	US
OVERALL RANKING (2010)	3	6	4	1	5	2	7
Quality Care	4	7	5	2	1	3	6
Effective Care	2	7	6	3	5	1	4
Safe Care	6	5	3	1	4	2	7
Coordinated Care	4	5	7	2	1	3	6
Patient-Centered Care	2	5	3	6	1	7	4
Access	6.5	5	3	1	4	2	6.5
Cost-Related Problem	6	3.5	3.5	2	5	1	7
Timeliness of Care	6	7	2	1	3	4	5
Efficiency	2	6	5	3	4	1	7
Equity	4	5	3	1	6	2	7
Long, Healthy, Productive Lives	1	2	3	4	5	6	7

\$3,558

\$3,837*

\$2,454

\$2,992

\$7.290

Note: * Estimate. Expenditures shown in \$US PPP (purchasing power parity).

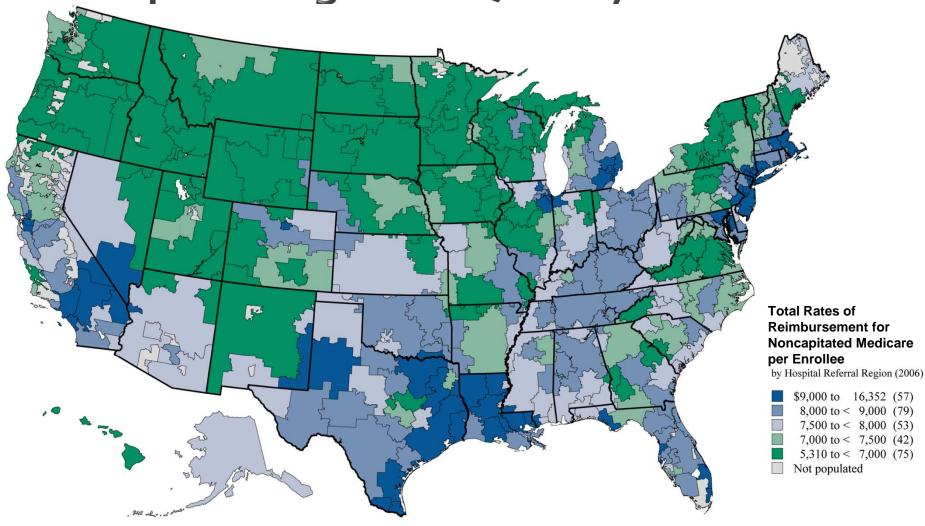
\$3,357

Health Expenditures/Capita, 2007

Source: Calculated by The Commonwealth Fund based on 2007 International Health Policy Survey; 2008 International Health Policy Survey of Primary Care Physicians; Commonwealth Fund Commission of a High Performance Health System National Scorecard; and Organization for Economic Cooperation and Development, 2004 Health Data, 2009 (Paris: OECD, Nov. 2009).

\$3,895

Unwarranted Variation in Medicare Spending and Quality of Care



Source: E. Fisher, D. Goodman, J. Skinner, and K. Bronner, *Health Care Spending, Quality, and Outcomes*, (Hanover: The Dartmouth Institute for Health Policy and Clinical Practice, Feb. 2009).

The Affordable Care Act ("Obamacare")

Increasing Coverage (46 million Americans without insurance)

The Affordable Care Act ("Obamacare")

- Increasing Coverage (46 million Americans without insurance)
- Managing cost by improving quality (approximately 1/3 of expenditures are "waste")

Major Quality and Cost Strategies

- National Quality Strategy
 - Affordable Care
 - Better Care
 - Healthy People/Healthy Communities
- Center for Medicare and Medicaid Innovation (\$10 Billion)

Partnership for Patients: Better Care, Lower Costs

Nationwide public-private partnership to tackle all forms of harm to patients. Goals:

- 40% Reduction in Preventable Hospital Acquired Conditions over three years
 - 1.8 Million Fewer Injuries
 - 60,000 Lives Saves
- 20% Reduction in 30-Day Readmissions in Three Years
 - 1.6 Million Patients Recover Without Readmission

If successful, potential to save \$35 Billion Dollars in three years

 Up to \$1 billion in government funds committed; over 3,500 hospitals on board.

Key Preventable Harms

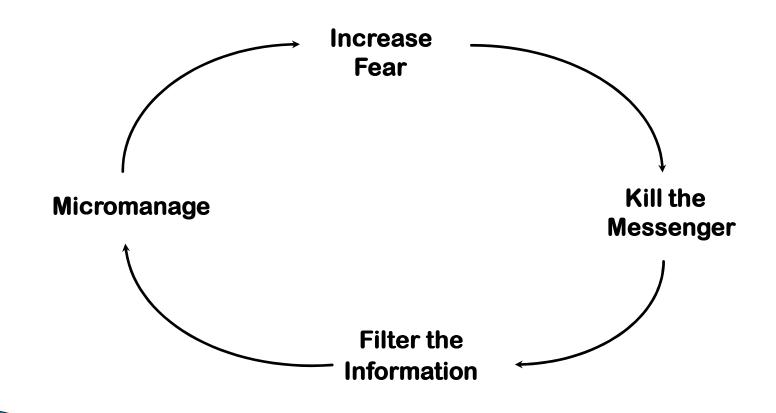
- Central Line-Associated Bloodstream Infection
- Venous Thromboembolism (post-surgery)
- Pressure Ulcer
- Surgical Site Infection
- Ventilator-Associated Pneumonia
- Catheter-Associated Urinary Tract Infection
- Adverse Drug Event
- Obstetrical Adverse Event
- Injury from Fall

AND ALL-CAUSE HARM

The Path More Taken

- General mission statement
- Consensus building
- Heavy measurement and regulation
- High reliance on web sites, publishing
- High reliance on education, experts

The Cycle of Fear



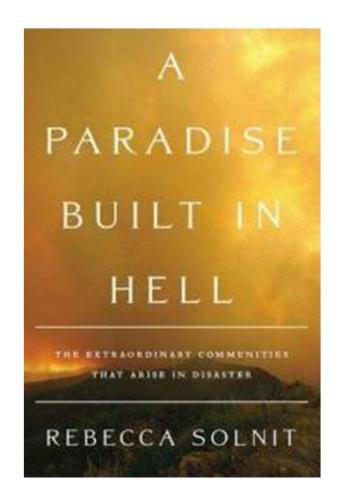
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- Clear, public aims
- Relentless leadership attention (pace)
- Active barrier removal (versus regulation)
- Incident command approach (versus "business as usual")
- Heavy bias toward rapid testing, field application
- Useful, real-time data
- Patient and families informed and involved

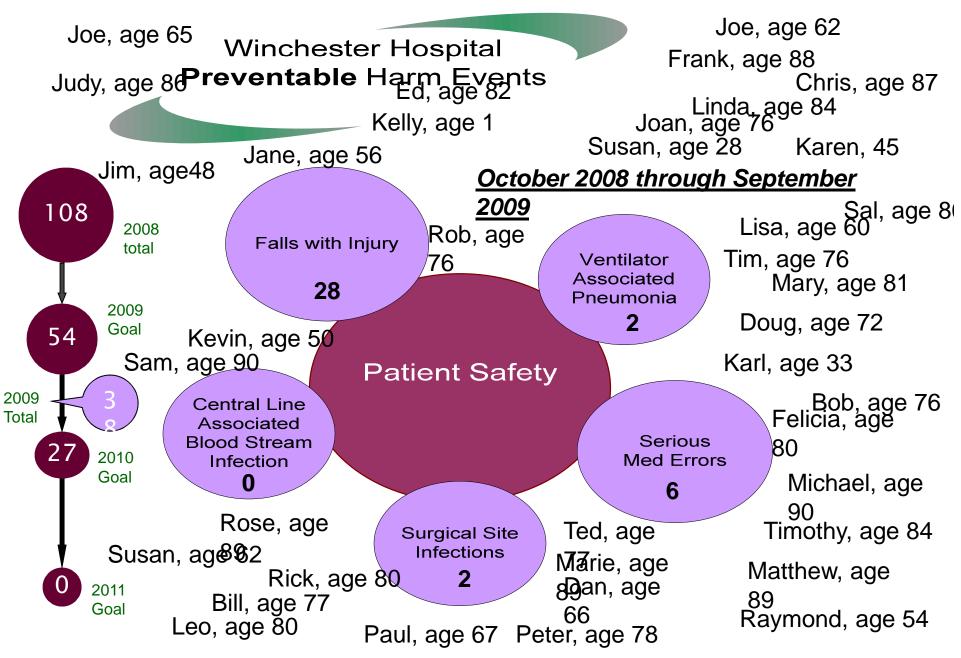




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Fiscal Year 2009 Goal: Reduce preventable harm by 50%

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THANK YOU! CONGRATULATIONS!